

# QMS Weekly Newsletter



October 13, 2023  
*QMS Tsunami*

## Queensborough Middle School

### Important Dates

October 16	QMS Girls Volleyball Playoffs at Burnaby North Secondary (vs TBA)
October 17	Fruit & Veggie delivery (plums)
October 17	Exploratory Rotation #2 begins
October 18	QMS Girls Volleyball Playoffs at Alpha Secondary (vs TBA)
October 18	Three-way student-led conferences Early dismissal at 11:55 a.m.
October 18	QMS PAC Meeting (7:15 p.m.) in the Library
October 19	BC Great Shakeout Earthquake Drill
October 19	Three-way student-led conferences Early dismissal at 11:55 a.m.
October 20	Provincial Professional Development Day School closed

### Principal's Message:

Another four-day week is complete as QMS students have now wrapped up their first rotation of exploratory classes. Indeed, with another abbreviated school week ahead, we'll see the end of October in no time at all!

As we look to another four-day week ahead, we want to remind students that there will be early dismissals in advance of our student-led parent-teacher conferences which will take place on Wednesday, October 18 & Thursday, October 19. Students will be dismissed at lunch time (11:55 a.m.) on both days. Please consider this if you order lunches for your child through the Fuel Up program. Finally, on Friday the school will be closed to students due to the province-wide Professional Development Day.

In sports, our Grade 8 girls volleyball team worked hard during their practices this past week as they prepared for their first playoff game coming up on Monday. The team will be playing their first playoff games at Burnaby North on Monday, and then again at Alpha Secondary on Wednesday. Thank you to our coaches, parents and fans for supporting our team! Go Tsunami go!

Have a nice weekend!

John Lekakis  
QMS Principal



### Fuel Up Lunch Program:

Order October lunches at:

<https://newwestschools.ca/programs-services/fuel-up/online-ordering/>

Orders and changes must be made by noon, two days in advance of delivery.



### Moana Audition Reminders:

We are very excited for our winter musical production of Moana (on December 14). The musical is a wonderful community-building event for our entire school.



All those students who have expressed interest in auditioning for Moana must make sure they attend their posted audition times. Auditions times/dates are posted on the bulletin board outside of the Music Room. Students are expected to be responsible for making sure they are punctual, attentive and prepared in meeting their obligations and commitments for the musical audition process.

### Reporting Student Absences:

Call or email Queensborough Middle School at:

**604-517-6040**

Email: [queensborough@sd40.bc.ca](mailto:queensborough@sd40.bc.ca)

Please notify the school by **9:00 a.m.** if you know your child will be absent or late for school. You may leave a phone message (please include your child's name and division #) at the school anytime of the day or night.

**Please cut this out and put it on your fridge!**

## Upcoming Events and Reminders:

### Personal electronic devices:

If students have an electronic device that they want to use for personal reasons on the way to and from school, they must lock it in their locker as soon as they arrive.



At times, teachers may permit students to bring their devices into the classroom for educational purposes; otherwise they should be secured in their lockers. Emergency phone calls can be made at the office during the day. Personal items brought to school are at the student's own risk and QMS is not responsible for lost, stolen or damaged items.

### Leaving School at Lunchtime

We have a closed campus at QMS.

We ask that students stay at school and not leave the school property and the adjacent park during lunchtime between 11:55 a.m. and 12:45 p.m.

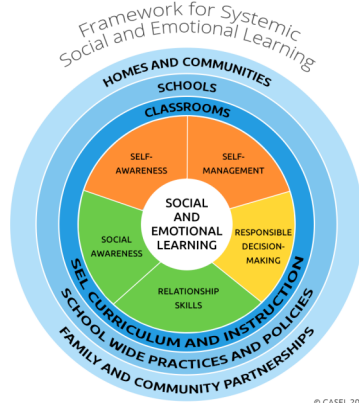


Students may go home for lunch **only** if they have a permission form signed by their parent or guardian.

This form **must be completed/signed each year** and is available at the office. **Please ask!** This form is for going home, not for visiting the Community Centre or a store.

### QMS Learning Goal for 2023.2024

For the upcoming school year, our staff is exploring areas of professional learning and will soon decide our learning focus for the coming year. For the last two year's our goal focused on developing the five SEL competencies with our students: self-awareness, self-management, relationship skills, social awareness and responsible decision-making. For your reference, please read our [22.23.School Learning Plan QMS](#).



### Breakfast Program begins September 20: **VOLUNTEERS NEEDED!**

Students can enjoy a delicious and nutritious breakfast in the Foods Room every Wednesday morning (8:00-8:30 am) for only 50 cents.

We'd love to expand the program to more than one day per week. If you would like to volunteer (one hour commitment) please email PAC Chair Leanne Mackie ([qmspac2013@gmail.com](mailto:qmspac2013@gmail.com)).

Thank you to our community volunteers for providing this wonderful program to our students!



### School Cash Online: **Online Consent Forms**

Thank you to parents and guardians for registering with School Cash Online and completing our online consent forms. We have consent forms completed for over 90% of our students; however, we need forms completed for all of our students so that they can participate in school activities such as:

- \* the Fruit and Veggie program
- \* walking field trips (such as this week's Terry Fox Run)
- \* lessons using the internet and our school's Chrome books, MS Teams, and Discovery Education online
- \* having their photos published in the yearbook, etc.

Consent forms are a no cost item meaning there is no fee charged for completing these.



## School Routines and Expectations:

### School Mission:

At Queensborough Middle School we are dedicated to working together within a safe, caring, respectful learning environment to enable all students to reach their full potential as life-long learners and contributing global citizens.

### QMS Values:

At Queensborough Middle School we value:

- ♦ respect for ourselves and others
- ♦ respect for learning
- ♦ respect for the environment



### QMS Vision:

- ♦ Our vision is that our students reach their full potential as caring, self-motivated people with good self-esteem and high standards.
- ♦ Our students are preparing to be contributing members of the global community through the development of life-long learning skills.
- ♦ Our local community is important to us and we are working together to share resources and develop appreciation of our heritage and history.

### Reminders About the School Timetable:

- The first bell rings at **8:31 a.m.** Students may enter the school at **8:25 a.m.** (There is no supervision from staff members before or after school.)
- Nutrition Break is from **10:10 to 10:25 a.m.** (Students are encouraged to bring healthy snacks and dress for the weather as we are outside most days.)
- Lunch is at **11:55 to 12:45 p.m.** Students play outside first and come inside to eat their lunch at **12:25 p.m.**
- Students are encouraged to bring a water bottle daily.
- Students are dismissed at **3:00 p.m.**

#### Bell Schedule

<b>8:31 a.m.</b>	Welcoming Bell
<b>8:36 a.m.</b>	CHAT begins
<b>8:40 a.m.</b>	Morning classes begin
<b>10:10 a.m.</b>	Nutrition Break/recess
<b>10:25 a.m.</b>	Morning classes continue
<b>11:55 a.m.</b>	Lunch begins (outside)
<b>12:25 p.m.</b>	Students inside to eat
<b>12:45 p.m.</b>	Afternoon classes begin
<b>3:00 p.m.</b>	Dismissal

**Bell Schedule!**

### Bikes, Scooters and Skateboards:

Many students ride bikes, scooters or skateboards to school. For you child's safety, **please ensure that they are wearing an approved helmet.**



Thank you for helping keep our children safe. Scooters & skateboards can be stored in the cage located by near the counselling office.



**Please join us in the library for our QMS PAC Meeting on Wednesday, October 19 (7:15 p.m.)**

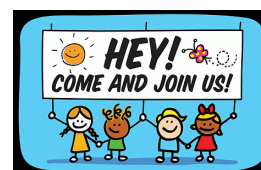
# QCC Youth Events:

## Upcoming QCC Special Events:

Join us afterschool on Mon, Wed, and Friday at 3:15pm for Drop-In. Enjoy games, sports, crafts, karaoke, baking & cooking. Students in grades 6-8 are welcome to attend. Monday & Wednesday 3:15 – 5:15pm; Friday 3:15 – 9:00pm (dinner included).

Drop-In fee is \$1 per time, or \$21 for year pass. Year pass must be purchased at the Community Centre.

- Youth Skate on October 14<sup>th</sup> from 8:15-9:45pm at Moody Park Arena
- Schools Out – Babysitter Training on October 20<sup>th</sup> from 8:30am-4:30pm at Queens Park Arena Monday Sampler activities begin October 16<sup>th</sup> – 4 Mondays of ‘Eats and Treats Baking’ followed by 4 Mondays of ‘Mindfulness activities’
- Voices of India program begins on Tuesdays at 3:30 at Queensborough Community Centre



## Drop-In Programs for Grade 5:

- Eats & Treats Baking begins on Monday, October 16<sup>th</sup>. Join us for festive fall baking for the next 4 Mondays.
- Team Pumpkin Carving contest on Wednesday, October 25<sup>th</sup>
- Halloween Pizza Party on Friday, October 27<sup>th</sup> with Fear Factor, Prizes, Games, and more!

## All Ages:

- Family Halloween Party at QCC called ‘Fangtastic Family Fun’ on Friday, Oct 27<sup>th</sup> from 5-7pm. Dress up and enjoy games, activities, and crafts.

More info on all these great programs can be found at [newwestyouth.ca](http://newwestyouth.ca) or email Val at [vmckinnon@newwestcity.ca](mailto:vmckinnon@newwestcity.ca)

## Fall 2023 Drop-in Schedule

YOUTH DROP-IN SCHEDULE					
Effective September 4 - December 22, 2023					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
YOUTH CENTRE • 620 Eighth Street • 604.515.3801 • 13 - 18 years					
Youth Drop-in 3:15 - 9:00 pm	Youth Drop-in 3:15 - 9:00 pm	Youth Drop-in 3:15 - 9:00 pm	Youth Drop-in 3:15 - 9:00 pm	Youth Drop-in 3:15 - 11:00 pm	Youth Drop-in 3:15 - 11:00 pm
Badminton 5:00 - 7:00 pm	Youth DJ Program 3:30 - 5:30 pm	Art Attack 3:30 - 5:30pm	Proud Place 3:30 - 5:00 pm	Youth Culinary Kitchen 5:00 - 7:00 pm	Badminton 5:30 - 7:00 pm
			City Squad 5:30 - 7:00 pm		
			Music Scene Jam Session 6:30 - 8:30 pm		
Register for Youth Centre Fitness Centre at <a href="http://newwestcity.ca/youthdropin">newwestcity.ca/youthdropin</a>					
QUEENSBOROUGH COMMUNITY CENTRE • 920 Ewen Avenue • 604.834.0319 • 11 - 18 years					
	Voices of India 3:30 - 5:30 pm			Basketball 5:00 - 10:00 pm	
				Friday Drop-in 5:30 - 10:00 pm	
FRASER RIVER MIDDLE SCHOOL • 800 Queens Avenue • 604.834.0320 • 11 - 13 years GLENBROOK MIDDLE SCHOOL • 701 Park Crescent • 604.834.0303 • 11 - 13 years QUEENSBOROUGH MIDDLE SCHOOL • 833 Salter Street • 604.834.0319 • 11 - 13 years					
Specialty Sampler 3:15 - 5:15 pm		Leaders in Training 3:15 - 5:15pm		Youth Drop-in 3:15 - 9:00 pm	
Glenbrook Middle DJ Program 3:15 - 5:15 pm					



## QMS PAC Message:

October 2023

Dear all new and returning Parents & Guardians of QMS!

### WELCOME

Thank you to all who attended the PAC meeting on September 20th - the treats & Chai Tea were delicious. Our next meeting is in the school library, **Wednesday, October 18 @ 7:15pm**. All parents belong to the PAC and we welcome you to join us in advocating & fundraising for the kids!

### 2023/2024 FUNDRAISING GOALS

To support our students and teachers the goal is to raise: **\$10,000**

Our fundraising will involve Pizza days, 50/50 draw at Winter Musical, Neufeld Farms Meats & Treats, Car Trunk Sale and Grade 8 Car Wash. (Last year we raised about \$7,000)

### HOW STUDENTS BENEFIT FROM PAC FUNDRAISING

Last year money contributed to 1) Field Trips, 2) Terry Fox Run juice boxes, 3) new school stage for winter musical and other assemblies, 4) Sport Uniforms, 5) Classroom supplies on request of teacher for special in class projects/activities, 6) Sports Day Lunch for all students & teachers, 7) \$5.00 subsidy for Grade 8 Grad Hoodies, 8) Grade 8 graduation ceremonies & 9) School Clubs.

## WAYS YOU CAN DONATE

Typically, QMS PAC has always requested for parents and guardians to donate their time. Your volunteer time during fundraisers and lunch events is so greatly appreciated. Your time to advocate for your students at a PAC meeting is also greatly appreciated. This year, there is a new way to donate.

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Help the students of QMS by considering and making a one time cash/cheque or school cash donation by October 27, 2023.

Your contribution will help us build our spending budget during October's PAC Meeting.

Make cheques payable to: QMS PAC, Cash can be in an envelope or ziplock handed in to their teacher.

On Behalf all parents and students Thank You for your generosity! We hope to see you at the meeting!

Yours Truly,

Your PAC Exec Team: *Leanne, Sophie, Steve, Bernie, Sue & Don*

## QMS PAC Neufeld Farms Fundraiser

**QMS Families:** It's time to stock up your freezers with locally grown quality food from Neufeld Farms. Place your orders from October 5th to October 24th using the link below or QR code. Pick up your order on Thursday November 2nd at 2:30pm in front of QMS. Share the link with friends and family, the more we sell the more QMS students benefit. Click [here](#) or the QR Code below to place your order.

View our Gourmet Foods by scanning the QR code below  
All of your favorites are just a click away...



### Queensborough Middle School NEUFELD FARMS FUNDRAISER

Orders In By: October 24 2023, end of day  
Pick up: November 2nd 2023, 2:30 pm



<https://app.neufeldfarms.ca/fundraising/2023-queensborough-middle-school-51fe6a3092>

## Fraser Health: Grade 6 Immunizations (Nov. 21)



Fall School Newsletter

### Grade 6 immunizations are starting soon at school

Public Health will send home an immunization consent package for Grade 6 students.

When children are in Grade 6, we review their immunization records and offer all routine vaccines they need for their age.

When you receive the consent package, please do all of the following:

- ✓ Review the consent package with your child, which includes past immunizations.
- ✓ Check that your child's immunization history report is complete.  
If it is not complete, you can submit the record one of these ways:
  - Include it with the signed consent form.
  - Submit it online to us at [FraserHealth.ca/immunizationform](https://FraserHealth.ca/immunizationform).
- ✓ Talk with your child about why vaccines are important.
- ✓ Complete and sign the consent form.  
Please note – The consent is valid for 2 years unless you cancel it.
- ✓ Return the signed consent form, and updated immunization record if needed, to the school sealed in the envelope provided.



For more information, please contact your local public health unit or visit our website at [FraserHealth.ca/immunize](https://FraserHealth.ca/immunize).



To view this in other languages, scan the QR code



العربية (Arabic)	Français (French)	Española (Spanish)
简体中文 (Chinese Simplified)	한국인 (Korean)	اردو (Urdu)
繁體中文 (Chinese Traditional)	ਪੰਜਾਬੀ (Punjabi)	Tiếng Việt (Vietnamese)
فارسی (Farsi)	Soomaali (Somali)	

Public Health Units					
<b>Abbotsford</b> 604-864-3400	<b>Agassiz</b> 604-793-7160	<b>Burnaby</b> 604-918-7605	<b>Chilliwack</b> 604-702-4900	<b>Cloverdale</b> 604-575-5100	<b>Guildford</b> 604-587-4750
<b>Hope</b> 604-860-7630	<b>Langley</b> 604-539-2900	<b>Maple Ridge</b> 604-476-7000	<b>Mission</b> 604-814-5500	<b>New Westminster</b> 604-777-6740	<b>TriCities (Port Moody)</b> 604-949-7200
<b>Newton</b> 604-592-2000	<b>North Delta</b> 604-507-5400	<b>North Surrey</b> 604-587-7900	<b>South Delta</b> 604-952-3550	<b>White Rock</b> 604-542-4000	

[www.fraserhealth.ca](https://www.fraserhealth.ca)

This information does not replace the advice given to you by your healthcare provider.

Catalogue #267618 (August 2023)  
For more copies: [patienteduc.fraserhealth.ca](https://patienteduc.fraserhealth.ca)

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## QMS Community School Programs:

Click [here](#) to register - space still available!



### Community School Programs at QMS!

#### SUPERCOOKS (Grades 6-8)

Have you ever wished you could make delicious meals at home? Join SUPERCOOKS and learn some kitchen skills, recipes, and nutrition.

Queensborough Middle School - Home Ec. Room

Wednesdays and Fridays, 3:00 - 5:00pm

Session 1: Oct 4 - Oct 25      \*no class Oct 18\*

Session 2: Oct 27 - Nov 15

Registration Fee: Free



FAMILY SERVICES  
of Greater Vancouver

#### Python Coding (Grades 6-8)

With endless possibilities, Python Playground is where your coding adventure begins. Whether you aspire to be a game developer or just want to explore the world of coding.

Queensborough Middle School - Computer Lab

Thursdays, 3:00 - 4:00pm

Date: Nov 2 - Dec 7 (6 sessions)

Registration Fee: Free

To submit your registration application, please visit: <https://forms.office.com/r/eyumpBjnZH>

Forms must be submitted by Monday, September 18th. Participants will be selected via a random draw. If your child is selected for the program, you will be contacted for confirmation.

Have questions?

Contact Community Schools

Phone: 604-517-6291    E-mail: [communityschools@sd40.bc.ca](mailto:communityschools@sd40.bc.ca)

Check out our friends for more program opportunities at :





## Online Consent Forms:

SchoolCashOnline  
KEV GROUP

Fast. Safe. Convenient.

# Register Today!

Purchase these items and more online.

Use your computer, tablet or smartphone to register and pay online.

### 1. Create Your Profile

Go to our school website at [queensboroughschool.ca](http://queensboroughschool.ca) click the "Fees and Forms" button and then the green "REGISTER AND LOGIN HERE" link or go to: <https://newwestschools.schoolcashonline.com/> and click on "Get Started Today".

### 2. Confirm Your Email

Check your inbox for the email confirmation and click on the link inside. Sign in with your new login details.

*Stay connected by selecting "Yes" to email notifications about upcoming fees.*

☒ I want to receive email notifications for new fees assigned to my student and updates on school-related activities.

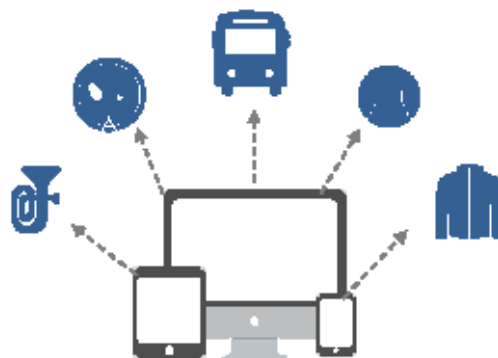
### 3. Add a Student

Click "Add Student" and fill in the required fields with your child's details.

#### Why sign up for School Cash Online?

School Cash Online is an online parent portal that offers a safe, fast and convenient way to pay for school activity fees.

- ✓ Pay for your child's school fees online. Anytime, anywhere.
- ✓ Stop sending your child to school with money.
- ✓ Get automatic email notifications about upcoming school fees and activities.



#### Which payment methods are accepted?



##### Credit Card

Pay with Visa or MasterCard on School Cash Online by entering your credit card number, CVV number (the three digits on the back of your card), card expiry date, and billing information.



##### eCheck

An electronic version of a paper check used to make payments online. Anyone with a checking or savings account can pay by eCheck on School Cash Online.



##### myWallet

An online wallet that can be loaded to hold funds and pay for your child's fees on School Cash Online. myWallet also allows you to allocate funds to pay for school fees at a later date.

##### Interac Online

Pay directly from your bank account with Interac Online.



For more information, contact Parent Helpdesk at  
[parenthelp@schoolcashonline.com](mailto:parenthelp@schoolcashonline.com) or 1.866.961.1803

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# School Routines and Expectations:

## QMS Code of Conduct

The QMS Code of Conduct follows the guidelines of the BC Human Rights Code. QMS Staff, Students, Parents and any visitors to the school are expected to follow the Code of Conduct.

### The purpose of the QMS Code of Conduct and Code of Consequences:

- ◆ To establish and maintain a safe, caring and orderly environment for purposeful learning
- ◆ To clarify and publish expectations for student behavior at school, going to and from school, and while attending any school function or activity at any location
- ◆ To promote the values expressed in the **BC Human Rights Code** respecting the right of all individuals in accordance with the law-prohibiting discrimination based on race, colour, ancestry, place of origin, religion, marital status, family status, physical or mental disability, sex or sexual orientation or gender identity-in respect of discriminatory publication and discrimination in accommodation, service and facility in the school.

### Acceptable Behaviour for QMS Students:

- ◆ Showing Respect, Compassion and Integrity
- ◆ Respecting self, others, the learning environment and the surrounding environment
- ◆ Helping to make the school a safe, caring and orderly place
- ◆ Informing an adult, in a timely manner (in advance, if possible) of incidents of bullying, harassment or intimidation
- ◆ Engaging in purposeful learning activities in a timely manner
- ◆ Acting in a manner that brings credit to QMS

### Unacceptable Conduct for QMS Students:

- ◆ Behaviours that:
  - Interfere with the learning of others
  - Interfere with an orderly environment
  - Create unsafe conditions
- ◆ Acts of:
  - Bullying, harassment or intimidation
  - Physical violence
  - Retribution against a person who has reported incidents
  - Discrimination based on race, colour, ancestry, place of origin, religion, marital status, family status, physical or mental disability, sex, sexual orientation or gender identity (prohibited grounds set out in the **BC Human Rights Code**)
- ◆ Illegal acts, such as:
  - Possession, use or distribution of illegal or restricted substances
  - Possession or use of weapons
  - Theft of or damage to property



The unacceptable behaviours listed in the Code of Consequences are examples only and are not intended to be an all-inclusive list.

A student's medical, cognitive, social-emotional and personal profile must be considered in the determination of appropriate interventions and/or consequences. Therefore, the application of the school's Code of Conduct must take into account the student's ability to meet behavioural expectations.

Disciplinary action, wherever possible, is preventative and restorative, rather than merely punitive. The purpose of consequences for unacceptable behavior is to help students learn from mistakes and be proactive about preventing further inappropriate behaviour.

**RESPECT &  
RESPONSIBILITY**