

QMS Weekly Newsletter



Queensborough Middle School

Important Dates					
October 27	QMS PAC Hi-5 Chicken lunch				
October 30	Fraser North Zone Volleyball Tournament: QMS vs. TBA at Maple Ridge				
October 31	Fruit & veggie delivery (apples)				
October 31	QMS Halloween Howler Event, Door Decorating contest & We Scare Hunger food drive				
November 1	Field Trip (Div.6): Fraser River Discovery Centre				
November 2	Fire Drill				
November 3	Photo Retake Day				
November 6	Fraser Health presentation for Grade 6 students				
November 10	Remembrance Day Assembly in Gym				

Dress for the Weather:

Students go outside for fresh air and exercise during recess, lunch and daily physical activities. Students are expected to "dress for the weather" as we usually are outside rain or shine.



Moana T-shirt & Audition Reminders:

We are very excited for our winter musical production of Moana (on December 14).

Order your Moana shirts by October 31st!



https://newwestschools.schoolcashonline.com/ Fee/Details/17072/166/False/True

A reminder that all students auditioning for Moana must make sure they attend their posted audition times (posted on the bulletin board next to Music Room). Students are responsible for making sure they are punctual, attentive and prepared in meeting their audition commitments.

Principal's Message:

There was a lot of buzz in the building this week as preparations were being made for our Halloween Howler event

coming up on Tuesday. Students have been busy decorating classroom doors with all sorts of fun and scary Halloween themes. Meanwhile, our school's We Scare Hunger food drive has also been ramping up. Please donate any nonperishable or canned food items to help support this great cause!



Thank you to all our students and parents who supported our Scholastic Book Fair this past week - happy reading! Thank you also to our QMS PAC for their fundraising efforts with our first ever Hi-5 Chicken hot lunch. We hope students enjoyed their tasty meal; and stay tuned for more information on the next PAC hot lunch offering.

In sports, our Grade 8 girls' volleyball team continued their playoff journey with two well-contested games in a losing effort vs. Burnaby South (Monday) and Burnaby North (Wednesday). The girls competed hard and finished in the top 4 for their region and have qualified for the Fraser North Zone tournament which begins on Monday in Maple Ridge. Thank you to our coaches, parents and fans for supporting our team! Go Tsunami go!

Finally, as we head into Halloween this week, we would like to pass a long a few reminders to families regarding appropriate and safe costume expectations for school (see page 2). Please guide your child's decision-making to ensure that their Halloween costume is appropriate. Halloween should and needs to be fun; however, we need to be aware that celebrating Halloween needs to be fun for all. Thank you for your cooperation and support. If you have questions or suggestions, please reach out to us or your classroom teacher.

Have a nice weekend!

John Lekakis QMS Principal







Halloween Costume Considerations:

As Halloween approaches and people prepare their costumes, we wanted to provide you with a few quick reminders about safety and appropriate costumes at school. Please guide your child's decision-making to ensure that their Halloween costume is appropriate. Below are some guidelines to follow (from our school district) so that students that celebrate Halloween can do so respectfully:

Halloween can be an exciting holiday for many young people. Kids get to be creative, have fun, and engage in celebration. Dressing up in costumes is an anticipated tradition for many students and staff members alike. It's also a time when we're a little more aware of what we need to do to keep each other safe in all ways. And those safety considerations that parents, students and staff need to consider at school are:

Students in costume at school (where and when permitted) should be easily recognizable and/or be able to identify themselves to staff or other students when asked. No full-face masks are permitted.

We celebrate diversity and inclusion in New Westminster schools. Costumes that are offensive or in poor taste are not permitted. When selecting a costume, please consider whether it violates rights or appropriates identity, based on rights maintained under the Canadian Human Rights Act: race, ethnicity, religion, age, sex, sexual orientation, gender identity or expression, genetic characteristics, or disabilities.

Research and reflect on cultural appropriation when it comes to costumes. If you'd like to learn more about navigating cultural appropriation, we've created some quick guidelines on how to approach it here. https://newwestschools.ca/wp-content/uploads/2022/10/HalloweenCulturalAppropriationGuide.pdf

No replica/fake weapons (guns, knives, etc.) are allowed on school property.

School codes of conduct must always be followed. This means acting respectfully to peers and staff and maintaining good care of school property. Vandalism is never acceptable and is a crime.

The possession or use of firecrackers or fireworks at school is strictly and always prohibited.

Your school or classroom teacher may have provided additional information about how Halloween will be celebrated this year. Please contact the school if you have further questions. We appreciate your help in making Halloween an enjoyable event for all participating staff and students.

The New Westminster Schools team



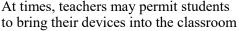




Reminders:

Personal electronic devices:

If students have an electronic device that they want to use for personal reasons on the way to and from school, they must lock it in their locker as soon as they arrive.



for educational purposes; otherwise they should be secured in their lockers. Emergency phone calls can be made at the office during the day. Personal items brought to school are at the student's own risk and QMS is not responsible for lost, stolen or damaged items.



Leaving School at Lunchtime

We have a closed campus at QMS.

We ask that students stay at school and not leave the school property and the adjacent park during lunchtime between 11:55 a.m. and 12:45 p.m.

Students may go home for lunch **only** if they have a permission form signed by their parent or guardian.

This form <u>must be completed/signed each year</u> and is available at the office. **Please ask!** This form is for going home, not for visiting the Community Centre or a store.

Please report to the office when visiting the school:

Please sign in at the office when entering the school. We need to be aware of all visitors to the school and identifying yourself with one of our "visitor" badges is helpful to staff who may not know you.



Reporting Student Absences:

Call or email Queensborough Middle School at:

<u>604-517-6040</u>

Email: queensborough@sd40.bc.ca

Please notify the school by **9:00 a.m.** if you know your child will be absent or late for school. You may leave a phone message (please include your child's name and division #) at the school (or email) anytime of the day or night.

Please cut this out and put it on your fridge!





QMS Learning Goal for 2023.2024

For the upcoming school year, our staff is exploring areas

of professional learning and will soon decide our learning focus for the coming year. For the last two year's our goal focused on developing the five SEL competencies with our students: self-awareness, self-management, relationship skills, social awareness and responsible decision-making. For your reference, please read our 22.23.School Learning Plan



Breakfast Program begins September 20: VOLUNTEERS NEEDED!

Students can enjoy a delicious and nutritious breakfast in the Foods Room every Wednesday morning (8:00-8:30 am) for only 50 cents.



We'd love to expand the program to more than one day per week. If you would like to volunteer (one hour commitment) please email PAC Chair Leanne Mackie (qmspac2013@gmail.com).

Thank you to our community volunteers for providing this wonderful program to our students!





School Routines and Expectations:

School Mission:

At Queensborough Middle School we are dedicated to working together within a safe, caring, respectful learning environment to enable all students to reach their full potential as life-long learners and contributing global citizens.

QMS Values:

At Queensborough Middle School we value:

- respect for ourselves and others
- respect for learning
- respect for the environment

MISSION





VALUES

OMS Vision:

- Our vision is that our students reach their full potential as caring, self-motivated people with good self-esteem and high standards.
- Our students are preparing to be contributing members of the global community through the development of lifelong learning skills.
- Our local community is important to us and we are working together to share resources and develop appreciation of our heritage and history.

Reminders About the School Timetable:

- The first bell rings at **8:31** a.m. Students may enter the school at **8:25** a.m. (There is no supervision from staff members before or after school.)
- Nutrition Break is from 10:10 to 10:25 a.m. (Students are encouraged to bring healthy snacks and dress for the weather as we are outside most days.)
- Lunch is at 11:55 to 12:45 p.m. Students play outside first and come inside to eat their lunch at 12:25 p.m.
- Students are encouraged to bring a water bottle daily.
- Students are dismissed at **3:00** p.m.

Bell Schedule

8:31 a.m.	Welcoming Bell
8:36 a.m.	CHAT begins
8:40 a.m.	Morning classes begin
10:10 a.m.	Nutrition Break/recess
10.25 a.m.	Morning classes continue
11:55 a.m.	Lunch begins (outside)
12:25 p.m.	Students inside to eat
12:45 p.m.	Afternoon classes begin
3:00 p.m.	Dismissal



Bikes, Scooters and Skateboards:

Many students ride bikes, scooters or skateboards to school. For you child's safety, **please ensure that they are wearing an approved helmet** especially now with weather and visibility becoming worse with seasonal changes Students who do not wear a helmet will be asked to leave their bikes, scooters and skateboards at home.



Thank you for helping keep our children safe. Scooters & skateboards can be stored in the cage located by near the counselling office.

Fuel Up Lunch Program:

Order November lunches at:





HELMET

SAFETY FIRST

https://newwestschools.ca/programsservices/fuel-up/online-ordering/

Orders and changes must be made by noon, two days in advance of delivery.

WE SCARE HUNGER FOOD DRIVE: Please donate non-perishable food items (Oct. 24—Nov. 1)







QMS PAC Message:

October 2023

Dear all new and returning Parents & Guardians of QMS!

WELCOME

Thank you to all who attended the PAC meeting on September 20th - the treats & Chai Tea were delicious. Our next meeting is in the school library, **Wednesday**, **October 18 @ 7:15pm**. All parents belong to the PAC and we welcome you to join us in advocating & fundraising for the kids!

2023/2024 FUNDRAISING GOALS

To support our students and teachers the goal is to raise: \$10,000

Our fundraising will involve Pizza days, 50/50 draw at Winter Musical, Neufeld Farms Meats & Treats, Car Trunk Sale and Grade 8 Car Wash. (Last year we raised about \$7,000)

HOW STUDENTS BENEFIT FROM PAC FUNDRAISING

Last year money contributed to 1) Field Trips, 2) Terry Fox Run juice boxes, 3) new school stage for winter musical and other assemblies, 4) Sport Uniforms, 5) Classroom supplies on request of teacher for special in class projects/activities, 6) Sports Day Lunch for all students & teachers, 7) \$5.00 subsidy for Grade 8 Grad Hoodies, 8) Grade 8 graduation ceremonies & 9) School Clubs.

WAYS YOU CAN DONATE

Typically, QMS PAC has always requested for parents and guardians to donate their time. Your volunteer time during fundraisers and lunch events is so greatly appreciated. Your time to advocate for your students at a PAC meeting is also greatly appreciated. This year, there is a new way to donate.

Help the students of QMS by considering and making a one time cash/cheque or school cash donation by October 27, 2023.

Your contribution will help us build our spending budget during October's PAC Meeting.

Make cheques payable to: QMS PAC, Cash can be in an envelope or ziplock handed in to their teacher.

On Behalf all parents and students Thank You for your generosity! We hope to see you at the meeting!

Yours Truly,

Your PAC Exec Team: Leanne, Sophie, Steve, Bernie, Sue & Don





Community News: QB Winter Market (November 18)



Winter Market

QUEENSBOROUGH COMMUNITY CENTRE 920 EWEN AVENUE

Saturday, 11:00 am - 3:00 pm November 18

Enjoy holiday music while shopping for seasonal gifts. All ages are welcome.

Event Fee: Free with non-perishable food donation

Interested in becoming a seller?

One eight-foot table is provided with fee. Setup time 10:15 am. Tear down time 3:00 pm

Call 604.525.7388 or register online: newwestcity.ca/register

Registration Fee: \$20.00 / table

NEW WESTMINSTER

newwestcity.ca/rec







QCC Youth Events:

Upcoming QCC Special Events:

Join us afterschool on Mon, Wed, and Friday at 3:15pm for Drop-In. Enjoy games, sports, crafts, karaoke, baking & cooking. Students in grades 6-8 are welcome to attend. Monday & Wednesday 3:15 – 5:15pm; Friday 3:15 – 9:00pm (dinner included).

Drop-In fee is \$1 per time, or \$21 for year pass. Year pass must be purchased at the Community Centre.

- Youth Skate on October 14th from 8:15-9:45pm at Moody Park Arena
 Schools Out Babysitter Training on October 20th from 8:30am-4:30pm at Queens Park Arena Monday Sampler activities begin October 16th – 4 Mondays of 'Eats and Treats Baking' followed by 4 Mondays of 'Mindfulness activities'
- Voices of India program begins on Tuesdays from 3:30-5:30 at Queensborough Community Centre
- No Drop-In on Monday, November 13th for the Remembrance day statutory holiday
- Moody Park Youth Skate on Saturday, November 18th 8:15-9:45pm

Drop-In Programs for Grade 5:

- Only 2 more sessions of Eats & Treats Monday! These baking classes have been a huge hit so far! Join Camille in the kitchen for the next 2 Mondays.



More info on all these great programs can be found at newwestyouth.ca or email Val at vmckinnon@newwestcity.ca

Fall 2023 Drop-in Schedule

	YOUTH DROP-IN SCHEDULE						
	Effective September 4 - December 22, 2023						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
	YOUTH CENTRE • 620 Eighth Street • 604.515.3801 • 13 - 18 years						
Youth Drop-in 3:15 - 9:00 pm	Youth Drop-in 3:15 - 9:00 pm	Youth Drop-in 3:15 - 9:00 pm	Youth Drop-in 3:15 - 9:00 pm	Youth Drop-in 3:15 - 11:00 pm	Youth Drop-in 3:15 - 11:00 pm		
Badminton 5:00 - 7:00 pm	Youth DJ Program 3:30 - 5:30 pm	Art Attack 3:30 - 5:30pm	Proud Place 3:30 - 5:00 pm	Youth Culinary Kitchen 5:00 - 7:00 pm	Badminton 5:30 - 7:00 pm		
			City Squad 5:30 - 7:00 pm				
			Music Scene Jam Session 6:30 - 8:30 pm				
	Register for	Youth Centre Fitness Cen	tre at <u>newwestcity.ca/</u> y	outhdropin			
	QUEENSBOROUGH C	OMMUNITY CENTRE • 92	20 Ewen Avenue • 604.8	34.0319 • 11 - 18 years			
	Voices of India 3:30 - 5:30 pm			Basketball 5:00 - 10:00 pm			
				Friday Drop-in 5:30 - 10:00 pm			
FRASER RIVER MIDDLE SCHOOL • 800 Queens Avenue • 604.834.0320 • 11 - 13 years GLENBROOK MIDDLE SCHOOL • 701 Park Crescent • 604.834.0303 • 11 - 13 years QUEENSBOROUGH MIDDLE SCHOOL • 833 Salter Street • 604.834.0319 • 11 - 13 years							
Specialty Sampler 3:15 - 5:15 pm		Leaders in Training 3:15 - 5:15pm		Youth Drop-in 3:15 - 9:00 pm			
Glenbrook Middle DJ Program 3:15 - 5:15 pm							







Fraser Health: Grade 6 Immunizations (Nov. 21)



Fall School Newsletter

Grade 6 immunizations are starting soon at school

Public Health will send home an immunization consent package for Grade 6 students.

When children are in Grade 6, we review their immunization records and offer all routine vaccines they need for their age.

When you receive the consent package, please do all of the following:

- Review the consent package with your child, which includes past immunizations.
- Check that your child's immunization history report is complete.
 If it is not complete, you can submit the record one of these ways:
 - Include it with the signed consent form.
 - Submit it online to us at <u>FraserHealth.ca/immunizationform</u>.
- ✓ Talk with your child about why vaccines are important.
- ✓ Complete and sign the consent form.
 Please note The consent is valid for 2 years unless you cancel it.
- Return the signed consent form, and updated immunization record if needed, to the school sealed in the envelope provided.

For more information, please contact your local public health unit or visit our website at FraserHealth.ca/immunize.



To view this in other languages, scan the QR code



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العربية	(Arabic)	Français	(French)	Española	(Spanish)
简体中文	(Chinese Simplified)	한국인	(Korean)	اردو	(Urdu)
繁體中文	(Chinese Traditional)	ਪੰਜਾਬੀ	(Punjabi)	Tiếng Việt	(Vietnamese)
فارسى	(Farsi)	Soomaali	(Somali)		

Public Health Units					
Abbotsford	Agassiz	Burnaby	Chilliwack	Cloverdale	Guildford
604-864-3400	604-793-7160	604-918-7605	604-702-4900	604-575-5100	604-587-4750
Hope	Langley	Maple Ridge	Mission	New Westminster	TriCities (Port Moody)
604-860-7630	604-539-2900	604-476-7000	604-814-5500	604-777-6740	604-949-7200
Newton	North Delta	North Surrey	South Delta	White Rock	
604-592-2000	604-507-5400	604-587-7900	604-952-3550	604-542-4000	

www.fraserhealth.ca

This information does not replace the advice given to you by your healthcare provider.

Catalogue #267618 (August 2023) For more copies: patienteduc.fraserhealth.ca

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QMS Community School Programs:

Click here to register - space still available!



Community School Programs at QMS!

SUPERCOOKS (Grades 6-8)

Have you ever wished you could make delicious meals at home? Join SUPERCOOKS and learn some kitchen skills, recipes, and nutrition.

Queensborough Middle School - Home Ec. Room

Wednesdays and Fridays; 3:00 - 5:00pm

Session 1: Oct 4 - Oct 25 *no class Oct 18*

Session 2: Oct 27 - Nov 15

Registration Fee: Free



Python Coding (Grades 6-8)

With endless possibilities, Python Playground is where your coding adventure begins. Whether you aspire to be a game developer or just want to explore the world of coding.

Queensborough Middle School - Computer Lab

Thursdays, 3:00 - 4:00pm Date: Nov 2 - Dec 7 (6 sessions)

Registration Fee: Free

To submit your registration application, please visit: https://forms.office.com/r/eyumpBJnZH

Forms must be submitted by Monday, September 18th. Participants will be selected via a random draw. If your child is selected for the program, you will be contacted for confirmation.

Have questions?

Contact Community Schools

Phone: 604-517-6291 E-mail: communityschools@sd40.bc.ca

Check out our friends for more program opportunities at:





Online Consent Forms:

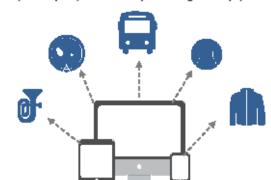


Fast. Safe. Convenient.

Register Today!

Purchase these items and more online.

Use your computer, tablet or smartphone to register and pay online.



Which payment methods are accepted?

1. Create Your Profile

Go to our school website at <u>gueensboroughschool.ca</u> click the "Fees and Forms" button and then the green "REGISTER AND LOGIN HERE" link or go to: https://newwestschools.schoolcashonline.com/ and click on "Get Started Today".

2. Confirm Your Email

Check your inbox for the email confirmation and click on the link inside. Sign in with your new login details.

Stay connected by selecting "Yes" to email notifications about upcoming fees.

I want to receive email notifications for new fees assigned to my student and updates on schoolrelated activities.

Add a Student

Click "Add Student" and fill in the required fields with your child's details.

Why sign up for School Cash Online?

School Cash Online is an online parent portal that offers a safe, fast and convenient way to pay for school activity fees.

- Pay for your child's school fees online.
 Anytime, anywhere.
- Stop sending your child to school with money.
- Get automatic email notifications about upcoming school fees and activities.

Credit Card

Pay with Visa or MasterCard on School Cash Online by entering your credit card number, CVV number (the three digits on the back of your card), card expiry date, and billing information.

eCheck

An electronic version of a paper check used to make payments online. Anyone with a checking or savings account can pay by eCheck on School Cash Online.



myWallet

An online wallet that can be loaded to hold funds and pay for your child's fees on School Cash Online. myWallet also allows you to allocate funds to pay for school fees at a later date.

Interac Online



Pay directly from your bank account with Interac Online.

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For more information, contact Parent Helpdesk at

parenthelp@schoolcashonline.com or 1.866.961.1803





School Routines and Expectations:

QMS Code of Conduct

The QMS Code of Conduct follows the guidelines of the BC Human Rights Code. QMS Staff, Students, Parents and any visitors to the school are expected to follow the Code of Conduct.

The purpose of the QMS Code of Conduct and Code of Consequences:

- To establish and maintain a safe, caring and orderly environment for purposeful learning
- To clarify and publish expectations for student behavior at school, going to and from school, and while attending any school function or activity at any location
- ♦ To promote the values expressed in the **BC Human Rights Code** respecting the right of all individuals in accordance with the law-prohibiting discrimination based on race, colour, ancestry, place of origin, religion, marital status, family status, physical or mental disability, sex or sexual orientation or gender identity-in respect of discriminatory publication and discrimination in accommodation, service and facility in the school.

Acceptable Behaviour for QMS Students:

- Showing Respect, Compassion and Integrity
- Respecting self, others, the learning environment and the surrounding environment
- ♦ Helping to make the school a safe, caring and orderly place
- ♦ Informing an adult, in a timely manner (in advance, if possible) of incidents of bullying, harassment or intimidation
- Engaging in purposeful learning activities in a timely manner
- Acting in a manner that brings credit to QMS

Unacceptable Conduct for QMS Students:

- ♦ Behaviours that:
 - Interfere with the learning of others
 - Interfere with an orderly environment
 - Create unsafe conditions
- ♦ Acts of:
 - Bullying, harassment or intimidation
 - Physical violence
 - Retribution against a person who has reported incidents
 - Discrimination based on race, colour, ancestry, place of origin, religion, marital status, family status, physical or mental disability, sex, sexual orientation or gender identity (prohibited grounds set out in the **BC Human Rights Code**)
- ♦ Illegal acts, such as:
 - Possession, use or distribution of illegal or restricted substances
 - Possession or use of weapons
 - Theft of or damage to property

The unacceptable behaviours listed in the Code of Consequences are examples only and are not intended to be an all-inclusive list.

A student's medical, cognitive, social-emotional and personal profile must be considered in the determination of appropriate interventions and/or consequences. Therefore, the application of the school's Code of Conduct must take into account the student's ability to meet behavioural expectations.

Disciplinary action, wherever possible, is preventative and restorative, rather that merely punitive. The purpose of consequences for unacceptable behavior is to help students learn from mistakes and be proactive about preventing further inappropriate behaviour.

RESPECT & RESPONSIBILITY

