

# QMS Weekly Newsletter



November 10, 2023

**QMS Tsunami**

## Queensborough Middle School

### Important Dates

<b>November 10</b>	Remembrance Day Assembly in Gym
<b>November 13</b>	Remembrance Day Statutory Holiday School Closed
<b>November 14</b>	District Professional Development Day School Closed
<b>November 15</b>	Field Trip (Div. 5): Fraser River Discovery Centre
<b>November 15</b>	QMS PAC Meeting in the Library (7:15 p.m.)
<b>November 16</b>	Grade 8 presentation: Health impacts of vaping
<b>November 17</b>	QMS PAC Pizza Day
<b>November 21</b>	Grade 6 immunizations
<b>November 21</b>	Fruit and veggie delivery (mandarins)
<b>November 21</b>	Last day of Exploratory Rotation #2
<b>November 22</b>	Anti-racism presentation: <i>The Other People</i> <a href="https://theotherpeople.ca/">https://theotherpeople.ca/</a>
<b>November 23</b>	QMS Spirit Assembly (1:30 p.m.)

### QMS PAC Meeting: **Wednesday, Nov. 15 (7:15 p.m.)**

Please join us in the Library as we plan for fundraising initiatives for our school. Meet fellow parents, share your ideas, and get involved!



### QMS PAC Pizza Day: **Friday, November 17**

Don't forget to place your pizza order on School Cash Online (due Tuesday). Our PAC is looking for parent volunteers to help out with Pizza Day. If you can help, please email Leanne at: [qmspac2013@gmail.com](mailto:qmspac2013@gmail.com)



### Principal's Message:

While our Grade 8 girls volleyball team finished their best season ever in the previous week, this week it was the Grade 7s turn to get involved in some volleyball action. On Monday the Grade 7 boys played in a tournament at FRMS, while on Wednesday the Grade 7 girls team played in the EGMS tournament. The last few weeks of practice certainly paid off for both teams as they competed hard and came together as a team in both events. Way to go QMS!

In health news, our Grade 6 students are getting ready for their immunizations next week. On Monday, Fraser Health staff shared a presentation with our Grade 6 students with the goal of increasing their knowledge of vaccines and decreasing anxiety during our upcoming school immunization clinic. Grade 6 parents/guardians should have received some Fraser Health immunization information from their child this past week.

Following National Aboriginal Veterans Day on Wednesday, and Remembrance Day on Saturday, the school will be closed on Monday, November 13. In acknowledgement, we held a student-led Remembrance Day assembly on Friday. The assembly was meant to honour the sacrifices of all those who risked and sacrificed their lives on behalf of Canada. Thank you to the students and classes that contributed to the assembly, and special thanks to our honoured guest speaker Captain Jaime Bloise for joining us.



Enjoy the Remembrance Day & Diwali long weekend!

John Lekakis  
QMS Principal



## Reminders:

### Personal electronic devices:

If students have an electronic device that they want to use for personal reasons on the way to and from school, they must lock it in their locker as soon as they arrive.

At times, teachers may permit students to bring their devices into the classroom for educational purposes; otherwise they should be secured in their lockers. Emergency phone calls can be made at the office during the day. Personal items brought to school are at the student's own risk and QMS is not responsible for lost, stolen or damaged items.



### Diwali Message:

Mr. Sangra and the QMS Punjabi classes would like to pass on Happy Diwali wishes.

Diwali, also known as the Festival of Lights is India's biggest and most important holiday of the year.

Happy Diwali to all those celebrating.



### Leaving School at Lunchtime

We have a closed campus at QMS.

We ask that students stay at school and not leave the school property and the adjacent park during lunchtime between 11:55 a.m. and 12:45 p.m.

Students may go home for lunch **only** if they have a permission form signed by their parent or guardian.

This form **must be completed/signed each year** and is available at the office. **Please ask!** This form is for going home, not for visiting the Community Centre or a store.



### Reporting Student Absences:

Call or email Queensborough Middle School at:

**604-517-6040**

Email: [queensborough@sd40.bc.ca](mailto:queensborough@sd40.bc.ca)

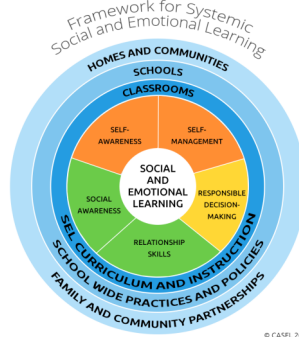
Please notify the school by **9:00 a.m.** if you know your child will be absent or late for school. You may leave a phone message (please include your child's name and division #) at the school (or email) anytime of the day or night.

**Please cut this out and put it on your fridge!**



### QMS Learning Goal for 2023.2024

For the upcoming school year, our staff has decided our learning focus for the coming year. For the last two year's our goal focused on developing the five SEL competencies with our students: self-awareness, self-management, relationship skills, social awareness and responsible decision-making. This year we aim to develop and transfer these SEL skills so students can navigate technology and the online world. Our school learning plan is on our school website.



### Breakfast Program: **VOLUNTEERS NEEDED!**

Students can enjoy a delicious and nutritious breakfast in the Foods Room every Wednesday morning (8:00-8:30 am) for only 50 cents.



We'd love to expand the program to more than one day per week. If you would like to volunteer (one hour commitment) please email PAC Chair Leanne Mackie ([qmspac2013@gmail.com](mailto:qmspac2013@gmail.com)).

Thank you to our community volunteers for providing this wonderful program to our students!

## School Routines and Expectations:

### School Mission:

At Queensborough Middle School we are dedicated to working together within a safe, caring, respectful learning environment to enable all students to reach their full potential as life-long learners and contributing global citizens.

### QMS Values:

At Queensborough Middle School we value:

- ♦ respect for ourselves and others
- ♦ respect for learning
- ♦ respect for the environment



### QMS Vision:

- ♦ Our vision is that our students reach their full potential as caring, self-motivated people with good self-esteem and high standards.

### Dress for the Weather:

Students go outside for fresh air and exercise during recess, lunch and daily physical activities.

Students are expected to “dress for the weather” as we usually are outside rain or shine.



### Please report to the office when visiting the school:

Please sign in at the office when entering the school. We need to be aware of all visitors to the school and identifying yourself with one of our “visitor” badges is helpful to staff who may not know you.



### Reminders About the School Timetable:

- The first bell rings at **8:31 a.m.** Students may enter the school at **8:25 a.m.** (There is no supervision from staff members before or after school.)
- Nutrition Break is from **10:10 to 10:25 a.m.** (Students are encouraged to bring healthy snacks and dress for the weather as we are outside most days.)
- Lunch is at **11:55 to 12:45 p.m.** Students play outside first and come inside to eat their lunch at **12:25 p.m.**
- Students are encouraged to bring a water bottle daily.
- Students are dismissed at **3:00 p.m.**

#### Bell Schedule

<b>8:31 a.m.</b>	Welcoming Bell
<b>8:36 a.m.</b>	CHAT begins
<b>8:40 a.m.</b>	Morning classes begin
<b>10:10 a.m.</b>	Nutrition Break/recess
<b>10:25 a.m.</b>	Morning classes continue
<b>11:55 a.m.</b>	Lunch begins (outside)
<b>12:25 p.m.</b>	Students inside to eat
<b>12:45 p.m.</b>	Afternoon classes begin
<b>3:00 p.m.</b>	Dismissal

**Bell Schedule!**

### Bikes, Scooters and Skateboards:

Many students ride bikes, scooters or skateboards to school. For you child's safety, **please ensure that they are wearing an approved helmet** especially now with weather and visibility becoming worse with seasonal changes Students who do not wear a helmet will be asked to leave their bikes, scooters and skateboards at home.



Thank you for helping keep our children safe. Scooters & skateboards can be stored in the cage located by near the counselling office.



### Fuel Up Lunch Program:

Order November lunches at:

<https://newwestschools.ca/programs-services/fuel-up/online-ordering/>



Orders and changes must be made by noon, two days in advance of delivery.

**\* Next QMS PAC meeting is on Wednesday, November 15 (7:15 p.m.) in the Library—JOIN US!**



## QCC Youth Events:

### Upcoming QCC Special Events:

Join us afterschool on Mon, Wed, and Friday at 3:15pm for Drop-In. Enjoy games, sports, crafts, karaoke, baking & cooking. Students in grades 6-8 are welcome to attend. Monday & Wednesday 3:15 – 5:15pm; Friday 3:15 – 9:00pm (dinner included).

Drop-In fee is \$1 per time, or \$21 for year pass. Year pass must be purchased at the Community Centre.

- Voices of India program begins on Tuesdays from 3:30-5:30 at Queensborough Community Centre
- No Drop-In on Monday, November 13<sup>th</sup> for the Remembrance day statutory holiday
- Moody Park Youth Skate on Saturday, November 18<sup>th</sup> 8:15-9:45pm

More info on all these great programs can be found at [newwestyouth.ca](http://newwestyouth.ca) or email Val at [vmckinnon@newwestcity.ca](mailto:vmckinnon@newwestcity.ca)



## Fall 2023 Drop-in Schedule

YOUTH DROP-IN SCHEDULE					
Effective September 4 - December 22, 2023					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
YOUTH CENTRE • 620 Eighth Street • 604.515.3801 • 13 - 18 years					
Youth Drop-in 3:15 - 9:00 pm	Youth Drop-in 3:15 - 9:00 pm	Youth Drop-in 3:15 - 9:00 pm	Youth Drop-in 3:15 - 9:00 pm	Youth Drop-in 3:15 - 11:00 pm	Youth Drop-in 3:15 - 11:00 pm
Badminton 5:00 - 7:00 pm	Youth DJ Program 3:30 - 5:30 pm	Art Attack 3:30 - 5:30 pm	Proud Place 3:30 - 5:00 pm	Youth Culinary Kitchen 5:00 - 7:00 pm	Badminton 5:30 - 7:00 pm
			City Squad 5:30 - 7:00 pm		
			Music Scene Jam Session 6:30 - 8:30 pm		
Register for Youth Centre Fitness Centre at <a href="http://newwestcity.ca/youthdropin">newwestcity.ca/youthdropin</a>					
QUEENSBOROUGH COMMUNITY CENTRE • 920 Ewen Avenue • 604.834.0319 • 11 - 18 years					
	Voices of India 3:30 - 5:30 pm			Basketball 5:00 - 10:00 pm	
				Friday Drop-in 5:30 - 10:00 pm	
FRASER RIVER MIDDLE SCHOOL • 800 Queens Avenue • 604.834.0320 • 11 - 13 years GLENBROOK MIDDLE SCHOOL • 701 Park Crescent • 604.834.0303 • 11 - 13 years QUEENSBOROUGH MIDDLE SCHOOL • 833 Salter Street • 604.834.0319 • 11 - 13 years					
Specialty Sampler 3:15 - 5:15 pm		Leaders in Training 3:15 - 5:15 pm		Youth Drop-in 3:15 - 9:00 pm	
Glenbrook Middle DJ Program 3:15 - 5:15 pm					

## Community News: QB Winter Market (November 18)



# Winter Market

QUEENSBOROUGH COMMUNITY CENTRE  
920 EWEN AVENUE

**Saturday, 11:00 am - 3:00 pm**  
**November 18**

Enjoy holiday music while shopping for seasonal gifts.  
All ages are welcome.

**Event Fee: Free with non-perishable food donation**

### Interested in becoming a seller?

One eight-foot table is provided with fee.

Setup time 10:15 am. Tear down time 3:00 pm

Call 604.525.7388 or register online: [newwestcity.ca/register](https://newwestcity.ca/register)

**Registration Fee: \$20.00 / table**

**#192777**

## Fraser Health: Grade 6 Immunizations (Nov. 21)



Fall School Newsletter

### Grade 6 immunizations are starting soon at school

Public Health will send home an immunization consent package for Grade 6 students.

When children are in Grade 6, we review their immunization records and offer all routine vaccines they need for their age.

When you receive the consent package, please do all of the following:

- ✓ Review the consent package with your child, which includes past immunizations.
- ✓ Check that your child's immunization history report is complete.  
If it is not complete, you can submit the record one of these ways:
  - Include it with the signed consent form.
  - Submit it online to us at [FraserHealth.ca/immunizationform](https://FraserHealth.ca/immunizationform).
- ✓ Talk with your child about why vaccines are important.
- ✓ Complete and sign the consent form.  
Please note – The consent is valid for 2 years unless you cancel it.
- ✓ Return the signed consent form, and updated immunization record if needed, to the school sealed in the envelope provided.



For more information, please contact your local public health unit or visit our website at [FraserHealth.ca/immunize](https://FraserHealth.ca/immunize).



To view this in other languages, scan the QR code



العربية (Arabic)	Français (French)	Española (Spanish)
简体中文 (Chinese Simplified)	한국인 (Korean)	اردو (Urdu)
繁體中文 (Chinese Traditional)	ਪੰਜਾਬੀ (Punjabi)	Tiếng Việt (Vietnamese)
فارسی (Farsi)	Soomaali (Somali)	

Public Health Units					
Abbotsford 604-864-3400	Agassiz 604-793-7160	Burnaby 604-918-7605	Chilliwack 604-702-4900	Cloverdale 604-575-5100	Guildford 604-587-4750
Hope 604-860-7630	Langley 604-539-2900	Maple Ridge 604-476-7000	Mission 604-814-5500	New Westminster 604-777-6740	TriCities (Port Moody) 604-949-7200
Newton 604-592-2000	North Delta 604-507-5400	North Surrey 604-587-7900	South Delta 604-952-3550	White Rock 604-542-4000	

[www.fraserhealth.ca](https://www.fraserhealth.ca)

This information does not replace the advice given to you by your healthcare provider.

Catalogue #267618 (August 2023)  
For more copies: [patienteduc.fraserhealth.ca](https://patienteduc.fraserhealth.ca)

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## Online Consent Forms:

SchoolCashOnline  
KEV GROUP

Fast. Safe. Convenient.

# Register Today!

Purchase these items and more online.

Use your computer, tablet or smartphone to register and pay online.

### 1. Create Your Profile

Go to our school website at [queensboroughschool.ca](http://queensboroughschool.ca) click the "Fees and Forms" button and then the green "REGISTER AND LOGIN HERE" link or go to: <https://newwestschools.schoolcashonline.com/> and click on "Get Started Today".

### 2. Confirm Your Email

Check your inbox for the email confirmation and click on the link inside. Sign in with your new login details.

*Stay connected by selecting "Yes" to email notifications about upcoming fees.*

☒ I want to receive email notifications for new fees assigned to my student and updates on school-related activities.

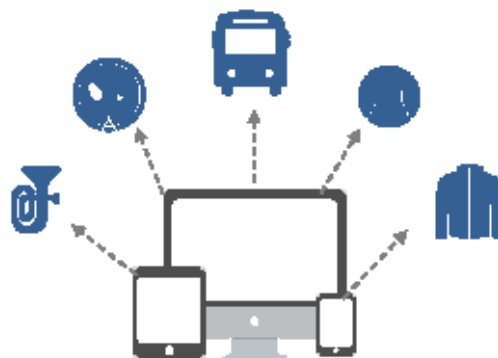
### 3. Add a Student

Click "Add Student" and fill in the required fields with your child's details.

#### Why sign up for School Cash Online?

School Cash Online is an online parent portal that offers a safe, fast and convenient way to pay for school activity fees.

- ✓ Pay for your child's school fees online. Anytime, anywhere.
- ✓ Stop sending your child to school with money.
- ✓ Get automatic email notifications about upcoming school fees and activities.



#### Which payment methods are accepted?



##### Credit Card

Pay with Visa or MasterCard on School Cash Online by entering your credit card number, CVV number (the three digits on the back of your card), card expiry date, and billing information.



##### eCheck

An electronic version of a paper check used to make payments online. Anyone with a checking or savings account can pay by eCheck on School Cash Online.



##### myWallet

An online wallet that can be loaded to hold funds and pay for your child's fees on School Cash Online. myWallet also allows you to allocate funds to pay for school fees at a later date.

##### Interac Online

Pay directly from your bank account with Interac Online.



For more information, contact Parent Helpdesk at  
[parenthelp@schoolcashonline.com](mailto:parenthelp@schoolcashonline.com) or 1.866.961.1803

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# School Routines and Expectations:

## QMS Code of Conduct

The QMS Code of Conduct follows the guidelines of the BC Human Rights Code. QMS Staff, Students, Parents and any visitors to the school are expected to follow the Code of Conduct.

### The purpose of the QMS Code of Conduct and Code of Consequences:

- ◆ To establish and maintain a safe, caring and orderly environment for purposeful learning
- ◆ To clarify and publish expectations for student behavior at school, going to and from school, and while attending any school function or activity at any location
- ◆ To promote the values expressed in the **BC Human Rights Code** respecting the right of all individuals in accordance with the law-prohibiting discrimination based on race, colour, ancestry, place of origin, religion, marital status, family status, physical or mental disability, sex or sexual orientation or gender identity-in respect of discriminatory publication and discrimination in accommodation, service and facility in the school.

### Acceptable Behaviour for QMS Students:

- ◆ Showing Respect, Compassion and Integrity
- ◆ Respecting self, others, the learning environment and the surrounding environment
- ◆ Helping to make the school a safe, caring and orderly place
- ◆ Informing an adult, in a timely manner (in advance, if possible) of incidents of bullying, harassment or intimidation
- ◆ Engaging in purposeful learning activities in a timely manner
- ◆ Acting in a manner that brings credit to QMS

### Unacceptable Conduct for QMS Students:

- ◆ Behaviours that:
  - Interfere with the learning of others
  - Interfere with an orderly environment
  - Create unsafe conditions
- ◆ Acts of:
  - Bullying, harassment or intimidation
  - Physical violence
  - Retribution against a person who has reported incidents
  - Discrimination based on race, colour, ancestry, place of origin, religion, marital status, family status, physical or mental disability, sex, sexual orientation or gender identity (prohibited grounds set out in the **BC Human Rights Code**)
- ◆ Illegal acts, such as:
  - Possession, use or distribution of illegal or restricted substances
  - Possession or use of weapons
  - Theft of or damage to property



The unacceptable behaviours listed in the Code of Consequences are examples only and are not intended to be an all-inclusive list.

A student's medical, cognitive, social-emotional and personal profile must be considered in the determination of appropriate interventions and/or consequences. Therefore, the application of the school's Code of Conduct must take into account the student's ability to meet behavioural expectations.

Disciplinary action, wherever possible, is preventative and restorative, rather than merely punitive. The purpose of consequences for unacceptable behavior is to help students learn from mistakes and be proactive about preventing further inappropriate behaviour.

**RESPECT &  
RESPONSIBILITY**