

QMS Weekly Newsletter



May 3, 2024
QMS Tsunami

Queensborough Middle School

Important Dates

May 3	Safer Spaces presentations (Div.12-14)
May 6-10	No band classes this week
May 6	Grade 8 Boys Volleyball at Burnaby North
May 7	Fruit & veggie delivery (cheese strings)
May 8	Field trip (Div.1-4): Extreme Air Park
May 8	Field trip (Div.12): Britannia Shipyards
May 8	Welcome to QMS Parent Info Night (6:30 pm)
May 9	Field trip (Div.12): Britannia Shipyards
May 9	Grade 8 Boys Volleyball at EGMS
May 9	Kunda African music/dance performance
May 9	Football Jamboree at Carson Graham Sec.
May 10	QMS PAC Pizza Day
May 15	Vaisakhi celebration in Gym (9:00-10:00 a.m.)
May 15	Gauss Math Contest
May 15	QMS PAC meeting at 7:15 p.m. (Library)
May 16	Football Jamboree at Mercer Stadium
May 20	Victoria Day: School closed
May 21	Professional Development Day: School closed

Principal's Message:

This past week there was a lot of buzz and build-up to Thursday's QMS homecoming football jamboree. It was great to see our QMS school community come together to cheer on our Tsunami football players. Thank you to all our fans who came out, and to the staff and students who contributed to such a fun event. Special thanks to Ms. Grewall, Mr. Ha and Mr. Rai for their organizational efforts.



While the football game was happening on the field, the Grade 8 boys volleyball team was active in the Gym on Thursday. The boys put together three strongly played sets but came up short against the Burnaby South Rebels. The team should be commended for their persistence as with each practice and game, the players are playing hard and supporting each other - keep up the good work! Next week the boys volleyball team hits the road as they play at Burnaby North and EGMS.

Looking ahead to next week, there are a number of classes going on field trips. Meanwhile on Wednesday evening, we are hosting our Welcome to QMS Parent Information night for our incoming (QE) and new QMS families. Also on Wednesday, our QMS PAC Pizza Day will be taking place. Please make sure to place your order through School Cash Online before the deadline.

Moving Schools Next Year?

If you are moving to a new school or attending a school out of district for September 2024, please notify the school as soon as possible as this helps us with planning for next year.

Please contact the QMS office or email jlekakis@sd40.bc.ca



Enjoy your weekend.

John Lekakis
QMS Principal





Reminders:

Breakfast Program: **VOLUNTEERS NEEDED!**

Hello QMS parents & Caregivers.

We are in great need of some volunteers to help keep our breakfast club going. Our goal is to have a pool of volunteers that we can rotate through until the end of June. We currently run the program Wednesday and Friday mornings.

What is involved:

The student volunteers do the majority of the work but we need at least two adults to help for safety, and clean up afterwards. Typically the volunteers show up between 7:20-7:30. Tasks involved are: retrieving cooking griddles and cash box from main office, preparing pancake batter, cooking pancakes, putting out cereal, milk and any fruit we may have, serving pancakes & general clean up afterwards. The Students do the majority of the tasks but when the bell rings at 8:30 there is a general clean up required. With 2 adults it usually is no more than 10 mins.

If you can volunteer please let us know. We would love to have a few people we can cycle through until the end of June. If you can't commit more than once, or you only have one day that you can volunteer please let us know. Any bit helps as the current volunteers are very burned out.

*If you are able to volunteer on any of the following dates also please let us know as we are short one adult on the following days: **May 3rd, 10th, 17th and 24th.**

Please email Sue at: suekenny12@gmail.com if you are able to volunteer in any capacity.

Thank you for helping us maintain this great program for the kids!

QMS PAC



We will be offering a presentation on middle school life, expectations, Q & A, and a school tour. See you on Wednesday, May 8!

JOIN US IN THE GYM – KIDS WELCOME!

QMS GYM • WEDNESDAY, MAY 8 • 6:30 – 7:30 PM

OCEAN AND CLIMATE Summer Camps 2024

Sea Smart

On location at Kitsilano Beach & Trout Lake Park!

Camps for ages 6-7 & 8-10!

Dates
July and August

Time
Monday to Friday
9 am to 4 pm
except for staff holidays

Price
\$400/week
\$320/ stat week

Do your kids love the beach?

Whether your kids love science, nature or protecting the environment, Sea Smart has the perfect outdoor camp for you!

Through fun games and activities, campers will learn about our amazing oceans, create a deep connection with nature and develop essential life skills like critical thinking and teamwork.

Need a bursary? We can help! Register your child and their friends today!
Email us at camps@seasmartschool.com to find out more information

seasmartschool.com/summer-camps

Parents: Please note that we are not able to provide microwaves or hot water for your child's lunch.

Reminders...

Upcoming QCC Special Events:

Join us on Mon, Wed, and Friday at 3:15pm for Drop-In.
Monday & Wednesday 3:15 – 5:15pm;
Friday 3:15 – 9:00pm (dinner included).

Drop-In fee is \$1 per time, or \$21 for year pass.

For info on all these great programs visit newwestyouth.ca or email (Val) vmckinnon@newwestcity.ca

Youth Drop-In upcoming Special Activities:

-On Fridays, the Queens Park Sportsplex will be open for youth to use the trampolines from 7:00-9:00 pm. Youth can come for high-flying fun and enjoy all of the equipment for just \$2!

-Youth Week is May 1st – 7th! Middle School Dance at the Youth Centre on Saturday, May 4th from 7:00 – 9:30 pm. Get your tickets [here!](#)

-Youth Basketball Clinic at t̄m̄s̄ēw̄t̄x̄w̄ with renowned professional skills coach with NBA experience. Fridays beginning May 10th from 3:30 – 5:30 p.m.

Registration for the 2024.2025 School Year:

New Westminster Schools has a centralized registration process operating out of our new Welcome Centre, located at NWSS. For registration info, please visit:

<https://newwestschools.ca/registration/registration-information-forms/>

**You do not need to either register or apply again to a program if your child is already enrolled in the school and/or program you'd like them to stay in.*

Reporting Student Absences:

Call or email Queensborough Middle School at:

604-517-6040

Email: queensborough@sd40.bc.ca

Please notify the school by **9:00 a.m.** if you know your child will be absent or late for school. You may leave a phone message (please include your child's name and division #) at the school (or email) anytime of the day or night.

Please cut this out and put it on your fridge!



Leaving QMS at Lunchtime: QMS is a closed campus.

We ask that students stay at school and not leave the school property and the adjacent park during lunchtime between 11:55 a.m. and 12:45 p.m.

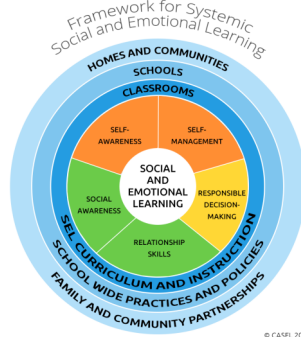


Students may go home for lunch **only** if they have a permission form signed by their parent or guardian.

This form **must be completed/signed each year** and is available at the office. **Please ask!** This form is for going home, not for visiting the Community Centre or a store.

QMS Learning Goal for 2023.2024

For the upcoming school year, our staff has decided our learning focus for the coming year. For the last two year's our goal focused on developing the five SEL competencies with our students: self-awareness, self-management, relationship skills, social awareness and responsible decision-making. This year we aim to develop and transfer these SEL skills so students can navigate technology and the online world. Our school learning plan is on our school website.



Breakfast Program: VOLUNTEERS NEEDED!

Students can enjoy a delicious and nutritious breakfast in the Foods Room every Wednesday morning (8:00-8:30 am) for only 50 cents.



We'd love to expand the program to more than one day per week. If you would like to volunteer (one hour commitment) please email PAC Chair Leanne Mackie (qmspac2013@gmail.com).

Thank you to our community volunteers for providing this wonderful program to our students!

School Routines and Expectations:

School Mission:

At Queensborough Middle School we are dedicated to working together within a safe, caring, respectful learning environment to enable all students to reach their full potential as life-long learners and contributing global citizens.

QMS Values:

At Queensborough Middle School we value:

- ♦ respect for ourselves and others
- ♦ respect for learning
- ♦ respect for the environment



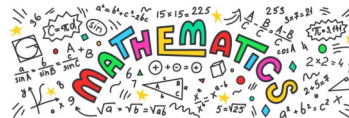
QMS Vision:

- ♦ Our vision is that our students reach their full potential as caring, self-motivated people with good self-esteem and high standards.

Gauss Math Club:

Interested in solving challenging math problems?

Join Mr. Ha every Tuesday afterschool in Room 203 to take on mathematical riddles, problems and games in preparation for the Gauss math contest in April.



Please report to the office when visiting the school:

Please sign in at the office when entering the school. We need to be aware of all visitors to the school and identifying yourself with one of our "visitor" badges is helpful to staff who may not know you.



Reminders About the School Timetable:

- The first bell rings at **8:31 a.m.** Students may enter the school at **8:25 a.m.** (There is no supervision from staff members before or after school.)
- Nutrition Break is from **10:10 to 10:25 a.m.** (Students are encouraged to bring healthy snacks and dress for the weather as we are outside most days.)
- Lunch is at **11:55 to 12:45 p.m.** Students play outside first and come inside to eat their lunch at **12:25 p.m.**
- Students are encouraged to bring a water bottle daily.
- Students are dismissed at **3:00 p.m.**

Bell Schedule

8:31 a.m.	Welcoming Bell
8:36 a.m.	CHAT begins
8:40 a.m.	Morning classes begin
10:10 a.m.	Nutrition Break/recess
10:25 a.m.	Morning classes continue
11:55 a.m.	Lunch begins (outside)
12:25 p.m.	Students inside to eat
12:45 p.m.	Afternoon classes begin
3:00 p.m.	Dismissal



Bikes, Scooters and Skateboards:

Many students ride bikes, scooters or skateboards to school. For you child's safety, **please ensure that they are wearing an approved helmet** especially now with weather and visibility becoming worse with seasonal changes Students who do not wear a helmet will be asked to leave their bikes, scooters and skateboards at home.



Thank you for helping keep our children safe. Scooters & skateboards can be stored in the cage located by near the counselling office.



Fuel Up Lunch Program:

Order April/May lunches at:

<https://newwestschools.ca/programs-services/fuel-up/online-ordering/>



Orders and changes must be made by noon, two days in advance of delivery.

Parents: Please note that we are not able to provide microwaves or hot water for your child's lunch.

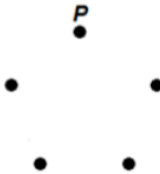
QMS Football Jamboree:



QMS Problem of the Week:

THE PROBLEM:

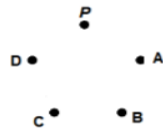
There are 5 points in the following picture. How many distinct triangles can be drawn using point P and two other points?



THE SOLUTION:

In other words, the question asks us how many different ways we can pick 2 points (out of the 4 remaining points).

First we will label the point.



Then we will use an organized list to find all possible ways to pick 2 out of the 4 remaining points (A, B, C & D).

- Point A & point B (ΔPAB)
- Point A & point C (ΔPAC)
- Point A & point D (ΔPAD)
- Point B & point C (ΔPBC)
- Point B & point D (ΔPBD)
- Point C & point D (ΔPCD)

THE ANSWER: 6 TRIANGLES

Lost and Found: Please check out all the missing items outside the office!





Community Engagement:

**Building Youth Resilience and a Connected Community :
*a place where everyone thrives.***



The City of New Westminster is excited to be working with our great community partners to develop a city-wide youth strategy, and needs your input, your expertise, and your care for the young people in this community.
There are two upcoming engagement opportunities.

Tuesday, April 23
9:30 am - 3:00 pm

This workshop will focus on what has been learned to-date and identify priorities moving forward for the strategy.

Tuesday, June 4
9:30 am - 3:00 pm

This workshop will review the final priorities, and provide input into draft actions and recommendations.

Doors open at 9:00 am for coffee and networking.
Location - Massey Theatre (735 Eighth Avenue, NWM)

Both workshops will be fully participatory - so come ready to contribute. Snacks and lunch provided.



REGISTER NOW

For more information, contact lmathias@newwestcity.ca

<https://www.surveymonkey.com/r/NWYouth>



‘Safer Spaces’ parent presentation resources:

10 Tips for staying safer online

- Have regular conversations about the apps they are using and the people they are connecting with; **set clear boundaries**, and even write them down.
- Depending on the age of your child, you may want them to check with you before playing new games or accepting a friend request. For children under the age of 10, we recommend their **online activities be supervised by a parent or safe adult**.
- Many children do not reach out for support because they are afraid their screen time or devices (tablet, phone etc.) will be taken away. **Make sure your child knows they will not be in trouble if they ask you for help.**
- Remind your child that **online-friends are not necessarily who they say they are**. When a child decides to chat privately or meet an online friend in person, they may consider them to be a friend, as they have likely been chatting for a while. Reaffirm the notion that anyone they do not know from real life is still considered a stranger.
- Advise your child they **should not be switching platforms** and/or add gaming friends to social media.
- **Outline which types of information should not be shared**. e.g.: age, location, personal information, pictures.
- Teach your child to **never accept gifts online** such as money, gift cards, cheat codes or admin codes from online friends.
- Explain that they should **never meet an online friend in person** without a parent or other safe adult present.
- **Create a safety plan** with your child outlining what to do if someone asks them to send sexual images or sends sexual materials to them: stop engaging in conversation, tell a caregiver or other trusted adults (define who is a trusted adult), report, and block the person who is making your child feel unsafe.
- If you notice your child is engaging in risky behaviour online, have a conversation with them about why this behaviour is unsafe and **work together to find a safer solution**.

School Routines and Expectations:

QMS Code of Conduct

The QMS Code of Conduct follows the guidelines of the BC Human Rights Code. QMS Staff, Students, Parents and any visitors to the school are expected to follow the Code of Conduct.

The purpose of the QMS Code of Conduct and Code of Consequences:

- ◆ To establish and maintain a safe, caring and orderly environment for purposeful learning
- ◆ To clarify and publish expectations for student behavior at school, going to and from school, and while attending any school function or activity at any location
- ◆ To promote the values expressed in the **BC Human Rights Code** respecting the right of all individuals in accordance with the law-prohibiting discrimination based on race, colour, ancestry, place of origin, religion, marital status, family status, physical or mental disability, sex or sexual orientation or gender identity-in respect of discriminatory publication and discrimination in accommodation, service and facility in the school.

Acceptable Behaviour for QMS Students:

- ◆ Showing Respect, Compassion and Integrity
- ◆ Respecting self, others, the learning environment and the surrounding environment
- ◆ Helping to make the school a safe, caring and orderly place
- ◆ Informing an adult, in a timely manner (in advance, if possible) of incidents of bullying, harassment or intimidation
- ◆ Engaging in purposeful learning activities in a timely manner
- ◆ Acting in a manner that brings credit to QMS

Unacceptable Conduct for QMS Students:

- ◆ Behaviours that:
 - Interfere with the learning of others
 - Interfere with an orderly environment
 - Create unsafe conditions
- ◆ Acts of:
 - Bullying, harassment or intimidation
 - Physical violence
 - Retribution against a person who has reported incidents
 - Discrimination based on race, colour, ancestry, place of origin, religion, marital status, family status, physical or mental disability, sex, sexual orientation or gender identity (prohibited grounds set out in the **BC Human Rights Code**)
- ◆ Illegal acts, such as:
 - Possession, use or distribution of illegal or restricted substances
 - Possession or use of weapons
 - Theft of or damage to property



The unacceptable behaviours listed in the Code of Consequences are examples only and are not intended to be an all-inclusive list.

A student's medical, cognitive, social-emotional and personal profile must be considered in the determination of appropriate interventions and/or consequences. Therefore, the application of the school's Code of Conduct must take into account the student's ability to meet behavioural expectations.

Disciplinary action, wherever possible, is preventative and restorative, rather than merely punitive. The purpose of consequences for unacceptable behavior is to help students learn from mistakes and be proactive about preventing further inappropriate behaviour.

**RESPECT &
RESPONSIBILITY**